Micah Kurtz MS, CSCS*D, RSCC*D, USAW, FMS, NASE-CSS

- Windermere Prep Director of Strength, Conditioning & Athletic Development
- Former AC Flora Director of Strength & Conditioning

Wesley Newsom, CSCS

- Head Trainer Burn Bootcamp- Columbia, SC
- 2017, 2018, 2019 State Newspaper Personal Trainer of the Year
- Former AC Flora Assistant Strength Coach

Donte Lovett

- Former AC Flora Standout Athlete
- Former AC Flora Assistant Strength Coach
- Athletics Coordinator- Richland County Parks & Recreation

WAIVER SPEED, AGILITY & STRENGTH TRAINING

Please print all information below

Athletes Name		
Please print		
Parent Name & cell		
Emergency contact if		
not parent		
Parent/Guardian		
signature		
Name of Insurance		
Company		
It is my policy to secure appropriate medical facil camp, I hereby state tha harmless and indemnify, Prep School, Nord Angl	are above verifies you have read and understand hold harmless agreement as well as to parental core consent for medical treatment. In case of illness or injury, permission is granted to treat the participity. By signing you are giving your consent in advance for medical treatment. Furthermore, as a participate I am aware of and accept the risk inherent in the program activity. The below signed does hereby agong The Athlete Maker LLC, Micah Kurtz, Wesley Newsom, Donte Lovett, Assistants, Trenholm Park, Wesley, their offices, agents and employees, from any and all liability, loss, damage, costs, or expenses quired arising out of the actions of my dependent in the course of the camp.	pant at an ipant in this gree to hole Windermer
Parent/Guardian Name	Signature	
Medical Concerns or Al	llergies: (please list)	

CONTACT:

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